ABOUT GARRETT & MIGS:



<u>BIO'S:</u>

Garrett– 16th year at Kean, 13th year as the Head Coach at Kean University. Career record at KU 72-64 (.564%) while bringing KU to 7 Post season games in 13 seasons—5 ECAC Bowls and a 2011 NCAA Playoff Appearance (The 1st in school history). All-time winningest coach in KU history. Speaks at numerous clinics in the Northeast including The Nike Coach of the Year Clinic, Glazier Clinics, Northeast Clinic, Ty Lewis and many others.

Migliorino –Head Coach Northern Highlands Regional High School. Previously, 13 years at Kean, 7 years as the defensive coordinator after serving as the inside linebackers coach for the first five years. In 2010, the Cougar defense ranked in the top 20 in the nation in 5 different categories, including in the top 10 in pass efficiency defense, total defense, sacks and scoring defense. The Cougars, shattered the school record for fewest rushing yards allowed in a season, after limiting their opponents to just 916 yards rushing in 11 games.



TNT <u>**T**</u>OP <u>**N**</u>OTCH <u>**T**</u>ECHNIQUE

GARREITT & MIGS LINEBACKER CLINIC

TNT TOP NOTCH TECHNIQUE

CLINIC LOCATION:

Kean University 1000 Morris Ave Union, NJ 07083

<u>Phone: 908-737-0628</u> <u>Phone: 908-737-0627</u> <u>Fax: 908-737-0605</u> <u>E-mail: dgarrett@kean.edu</u> <u>E-mail: kreiderm@kean.edu</u>

TNT

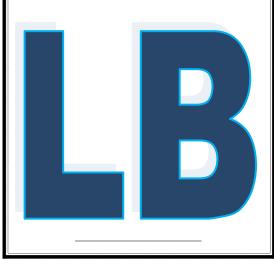
GARRETT & MIGS LINEBACKER CLINIC

COACHES MAY ATTEND FOR FREE

Ages:

Middle & High School Linebacker's

MARCH 10th, 2019 SUNDAY 8:00 AM—1:00 PM



REGISTRATION FORM: PRINT CLEAP	Y CLINIC INSTRUCTION	TUITION
Name	Linebacker Fundamentals vs. Run :	• Pre – Registration fee is \$40.
Address	I • Stance I • Keys	 Schools bringing 5 or more players receive a \$5 discourse off of each fee.
Phone	 Reads vs. Power, Zone, Outside Zone/Toss, Iso, Counter Hit/Shed - Defeating Blocks (Get Off Blocks) 	• Walk-up registration on the day of the clinic is \$50. Discount does not apply to Walk-up registrants.
Email School	vs. Power, Zone, Outside Zone/Toss, Iso, Counter Run Fits	No personal checks accepted at the door.No fee for coaches!
Graduation Year T Shirt Size (Circle one) M L XL XXI LB REGISTRATION FEES (LB 3/10)	 Hand Strike/Hand Placement (Fast Hands) Hip Explosion (Power) Footwork Linebacker Fundamentals vs. Pass : 	 WHAT TO BRING Sneakers or Turf Shoes
TYPE # ATTENDING COST TOTAL Regular @ \$40	 Keys Reads Linebacker Knowledge (Down & Distance) Zone Drops (Cover 2 & 3) Hook, Curl, Flat, Middle hole (Cover 2 ILB) vs. Crossing routes, Quick Game, Combination Routes cover 2 and cover 3 beaters Fire Zones (2 seam, 3 hook, 3 seam) - Underneath Zones Man-to-Man Technique Defending the draw in Passing situations Defending and Playing Bootleg SCHEDULE: 8:00 AM Check-in/Walk-up Registration 8:15 AM Welcome 8:45 AM Introductions/Run Orientation 9:00 AM LB Fundamentals VS. RUN 	CONTACT INFORMATION Coach Dan Garrett or Coach Matt Kreider Kean University Harwood Arena—Football Office dgarrett@kean.edu or kreiderm@kean.edu 908-737-0628 or 908-737-0627 DIRECTIONS www.keanathletics.com
suffered by my child during this clinic. Parent Signature Date	Image: 11:15 AMPass Orientation11:30 AMLB Fundamentals VS. PASS1:00 PMCheck-out	1000 Morris Ave Union, NJ 07083